

Schedule a Consultation/Contact

It is vital that your counselor be a good match for you. So to make sure we work well together, I offer a free 10-minute (or so) consultation by phone. Here is how it goes:

1. Get in contact with me.
2. Schedule your phone consult.
3. We talk about our future work together.
4. We schedule an intake session.

This form can also be use to contact me with schedule changes or exchange of other information. It is not to be used to share personal information that is best suited for our in person meetings.

Contact Options

Phone: [\(773\) 643-8088](tel:(773)643-8088)

Secure Contact Form:

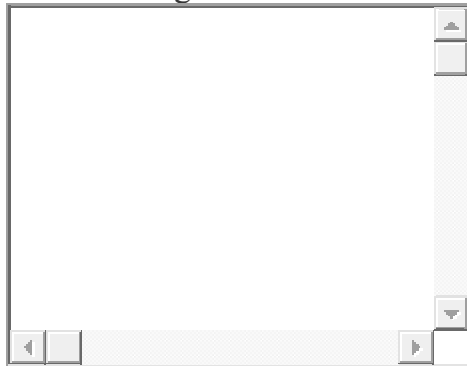
The information in this form will be encrypted and sent to Dr. Berry via [Hushmail](#), a well-known secured email service.



Your name:

Your Phone Number:

Your Message:



Please do not use this form to communicate emergencies.

Free Phone Consult

It's vital that your counselor be a good match for you. A bad therapist match == bad therapy and lackluster outcomes.

So to make sure we work well together, I offer a free 10-minute (or so) consultation by phone. We'll start with that and decide how to proceed from there. So get in contact now and we'll schedule that call.

[**Schedule a Consultation**](#)

Call me today: [773-643-8088](tel:773-643-8088)

Emergency Numbers

If you are experiencing an emergency, please contact the Northwestern Memorial Hospital Crisis Line at 312-926-8100, or call 911.